

# **The Way of the Völva**

## **Spiral Two 2018-19**

### **Becoming a Völva and Priestess of Freya**

**3rd/4th November 2018**

#### **1st Circle : Reborn as a Völva- Visionquest (Utisetá )**

Past lives. Wounds and obstructions. Shedding skin. To be a Völva.

**15th/16th December 2018**

#### **2nd Circle : Seidr- Meeting the Old Völva**

How to be a vessel for the power. High seat Seidr.

**26th/27th January 2019**

#### **3rd Circle : Seidr- Healing through Seidr**

Soul Retrieval. Journey for healing others. Your healing spirits.

**9th/10th March 2019**

#### **4th Circle : Seidr- Divination**

How to create group and pair Seidr. Oracling.

**20th/21st April 2019**

#### **5th Circle : Seidr- Influence**

How to direct the power. Positive changes. Responsibilities.

**1st/2nd June 2019**

#### **6th Circle : Dedication as a Völva. Priestess of Freya**