

The Way of the Völva Spiral Two Course Dates 2021

Three four-day sessions

1st Circle : The Way of the Völva, Reborn as a Völva 20 – 23 May 2021

How to be a vessel for the power of Seidr. Different forms of trance work. Embodiment. Past Lives. Wounds and obstructions. The high seat ceremony.

2nd Circle : Healing through Seidr, Divination and Transmission 8 – 11 July 2021

Find and work with your healing helpers. Healing within Seidr. Retrieval work. Sounds. How to create group and pair Seidr. To be the instrument for spirits

3rd Circle : Utisetá – visionquest 16 – 19 September 2021

A night outdoors. Influence-Seidr for Positive changes. Responsibilities. Directing power. Dedication as a Priestess of Freyja and tradition keeper of the Völva